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ADHD Across the Ages: Focus on the Child

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Release Date: November 11, 2009
Credit Expiration Date: November 11, 2010
Offered Until: November 11, 2010

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This activity offers CE credit for:

- Physicians (CME)
- Nurses (CNE)
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- Pharmacists (CPE)
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- Psychologists (CEP)
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STATEMENT OF NEED

Studies have shown that children with ADHD have higher rates of academic difficulties, social issues, and a number of comorbid psychiatric conditions compared to children without ADHD. These factors, and others, contribute to the high cost of care as well as diminished quality of life for children with ADHD. Applying the diagnostic criteria and unraveling the complexities of real-world patients can present a serious challenge to all clinicians. The symptom domains of ADHD—hyperactivity, impulsivity, and inattention—must often be diagnosed in the context of psychiatric comorbidities. The Multimodal Treatment Study of Children with ADHD (MTA) found that in a sample of 579 children, 31% had ADHD alone, 21% had oppositional symptoms, 12% had oppositional symptoms plus anxiety, 10% had anxiety symptoms, and 7% had comorbid conduct disorders.¹ Careful clinical assessment of the child focusing on family history and longitudinal course of the disease is pivotal in order to develop appropriate treatment planning. A multimodal treatment approach that includes both pharmacologic and behavioral interventions is prudent. Ongoing monitoring at regular intervals, utilizing structured data tools should be implemented to evaluate efficacy, tolerability and compliance. In this evidence-based neuroscienceCME Live and On Demand activity, the expert faculty will explore the complex presentations of ADHD and provide strategies for the assessment, diagnosis, and individualized, multimodal management of children and adolescents with ADHD.

¹ Jensen PS, Hinshaw SP, Kraemer HC, et al. *J Am Acad Child Adolesc Psychiatry* 2001;40:147-158.

ACTIVITY GOAL

To improve knowledge and performance through utilization of evidence-based guidelines and current research on the diagnosis and long-term management of children and adolescents with ADHD.

LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

- Integrate established practice parameters, screening tools, and clinical observation in the diagnosis of ADHD and the differentiation of ADHD with and without comorbid psychiatric symptoms and/or behavioral disorders.
 - Routinely assess response to ADHD therapy using structured monitoring tools.
 - Develop a comprehensive, individualized, and evidence-based treatment plan that combines pharmacological and behavioral strategies to improve outcomes for children and adolescents with ADHD.
- The following learning objectives pertain only to those requesting CNE credit:
- Identify practice parameters, screening tools, and clinical observation in the diagnosis of ADHD and the differentiation of ADHD with and without comorbid psychiatric symptoms and/or behavioral disorders.
 - Identify structured monitoring tools to routinely assess response to ADHD therapy.
 - Compare and contrast options for a comprehensive, individualized, and evidence-based treatment plan that combines pharmacological and behavioral strategies to improve outcomes for children and adolescents with ADHD.

FINANCIAL SUPPORT

This educational activity is supported by an independent medical educational grant from Shire.

FAX completed form to **240.243.1033**

YES! I would like to participate in the: ☐ Internet ARCHIVE ☐ Podcast ARCHIVE

Site Name: _____ # Participants: _____

Individual Name: _____ Degree: _____

Address: _____

City/State/ZIP: _____

Practice Setting: ☐ Community Mental Health ☐ State Mental Health ☐ Primary Care
☐ Private Practice ☐ Other: _____ Phone: _____

Fax: _____ Email: _____



FACULTY INFORMATION

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TARGET AUDIENCE

Physicians, pediatricians, physician assistants, nurse practitioners, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals interested in mental health.

CREDIT INFORMATION

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts Category I credit from AOA/CME, Prescribed credit from AAPF, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

AAP Credit (Pediatricians): This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 1.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

CNE Credit (Nurses): This continuing nursing education activity was approved by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned approval code Z7DSHF-10.1.0 contact hours will be awarded upon successful completion.

CEP Credit (Psychologists): CME Outfitters is approved by the American Psychological Association to sponsor continuing education for psychologists. CME Outfitters maintains responsibility for this program and its content. (1.0 CE credits)

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CCMC Credit (Certified Case Managers): This program has been approved for 1 hour by the Commission for Case Manager Certification (CCMC).

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Universal Activity Number: 376-000-09-028-H01-P

Activity Type: knowledge-based

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